

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Baked Ham Baked Sweet Potatoes Broccoli Tropical Fruit	BBQ Chicken Breast Baked Potato Peas Pears	Hamburger Casserole Carrots Fruit Crisp W/Topping	Cinnamon Oatmeal Pancakes Sausage Patty Jello W/Mandarin Oranges Tomato Juice	Mac & Cheese Stewed Tomatoes Fresh Fruit Butterscotch Pudding W/Topping
8	9	10	11	12
Beef Noodle Stroganoff Peas Crunchy Cranberry Salad	Hamburger W/Bun Tator Tots Baked Beans Pears	Taco Salad Peach Crisp W/Vanilla Ice Cream	NO MEALS VETERANS DAY	Meatloaf Parslied Potatoes Carrots Waldorf Salad Chocolate Pudding W/Topping
15	16	Birthday Meal 17	18	19
COOKS CHOICE	Roast Beef Macaroni Salad Glazed Carrots Berry Fruit Salad	Chicken Noodle Veg Soup Tossed Salad Banana Jello W/Topping	Ham Baked Sweet Potato Corn O'Brian Apricots	Goulash Peas Lime Jello W/Mandarin Oranges
22	23	24	25	26
Porcupine Meatballs Mashed Potatoes Gravy Peas Fruit Crisp W/Topping	Roast Turkey Mashed Potatoes Gravy Broccoli Pears Cranberry Sauce	COOKS CHOICE	NO MEALS THANKSGIVING	NO MEALS THANKSGIVING BREAK
29	30			
Beef Stew WW Dinner Roll Pineapple Tidbits Cranberry Juice Cocktail	Chicken Sandwich Spinach Salad W/Mandarin Oranges Bread Pudding W/Topping	ROCS DINING SERVICES- CHAMBERLAIN CALL 734-9913 TO RESERVE A MEAL		

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.