

September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Platte ROCS DINING SERVICES CALL 605-337-2598 THE DAY BEFORE TO RESERVE YOUR MEAL		Roast Beef Mashed Potato's w/Gravy Cheesy Green Beans Fruit	Baked Fish Boiled Potato's Carrots & Peas Fruit	Spaghetti Tossed Salad w/Tomato Garlic Bread Fruit
6	7	8	9	10
CLOSED LABOR DAY	Meatloaf Mashed Potato's w/Gravy Corn Fruit	Chicken Sweet Potato's Broccoli Fruit	Cook's Choice	Cabbage Hot Dish Peas Fruit
13	14	15	16	17
Hamburger Deluxe French Fries Coleslaw Fruit	Bologna Mac & Cheese Green Beans Fruit	Roast Beef Mashed Potato's w/Gravy California Blend Fruit	Smothered Hamburger Steak Baked Potato Peas & Carrots Fruit	Pulled Pork Sandwich Boiled Sweet Potato's Asparagus Fruit
20	21	22	23	24
Cooks Choice	Pork Tenderloin Hashbrowns Mixed Vegetables Fruit	Lasagna Tossed Salad Peas Fruit	Cooks Choice	Ham Scalloped Potatoes Carrots and Peas Fruit
27	28	29	30	
Grilled Ham & Cheese Sandwich Potato Salad Beets Fruit	Goulash Tossed Salad w/Tomato Garlic Bread Fruit	Roast Beef Mashed Potato's w/Gravy California Blend Fruit	Smothered Steak Hashbrowns Asparagus Fruit	Pork Chops Baked Sweet Potato Peas Fruit

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.