

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Chili Broccoli Cantaloupe Cornbread	Baked Fish Company Potatoes Stewed Tomatoes Tropical Fruit	Ham Baked Sweet Potato Corn O'Brian Apricots	Baked Potato W/Sloppy Joe Meat Cheese Sauce Tossed Salad Fruit Cocktail Drop Biscuits	Chicken & Noodles Peas Pears
8	9	10	11	12
Meatloaf Brown Gravy Cheesy Potatoes Seasoned Green Beans Pineapple Tidbits	COOKS CHOICE	Swiss Steak W/Onions & Tomatoes Mashed Potatoes Peas Fruit Cocktail	NO MEALS VETERANS DAY	BBQ Chicken Baked Potato Mixed Veg Pears
15	16	17	18	19
Navy Bean Soup W/Shredded Cheese Carrots Banana Saltines	Breaded Baked Fish Company Potatoes Peas Orange	Sweet & Sour Pork Oven Baked Brown Rice Steamed Broccoli Apricots	Chef Salad W/Turkey, Cheese, Egg, Tomato Peaches Oatmeal Blueberry Muffin	THANKSGIVING DINNER
22	23	Birthday Dinner 24	25	26
Sausage Gravy Over Biscuit Broccoli Orang Cookie	Hamburger On A Bun Sliced Tomato & Onion Tator Tots Baked Beans Pears	Roast Beef Whipped Potatoes Gravy Seasoned Green Beans Orange Dinner Roll	NO MEALS THANKSGIVING	NO MEALS THANKSGIVING BREAK
29	30			
Porcupine Meatballs Mashed Potatoes Gravy Peas Fruit Crisp W/Topping	Bratwurst On A Bun W/Sauerkraut, Mustard, & Onion Pickled Beets Peaches	ROCS DINING SERVICES- WINNER CALL 842-2587 BEFORE 9 AM TO RESERVE A MEAL		

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.