

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Chicken Fried Steak Mashed Potatoes Parslied Carrots Apricots	Chicken Alfredo Italian Veg Cooked Apples Garlic Bread	Meatloaf Baked Potato Creamed Peas Pineapple Tidbits	Ham Scalloped Potatoes California Medley Applesauce	Sloppy Joe Bun Potato Salad Tossed Salad Pears
8	9	10	11	12
Sausage Gravy Over Biscuit Green Beans Jello W/Strawberries Orange Juice	Chicken Parmesan Baked Potato Mixed Veg Pears	BIRTHDAY DINNER	NO MEALS VETERANS DAY HOLIDAY	Tator Tot Casserole Tossed Salad Banana
15	16	17	18	19
Lasagna French Bread Tossed Salad Plums	BBQ Chicken Baked Potato Mixed Veg Pears	THANKSGIVING DINNER Turkey Mashed Potatoes Gravy Stuffing Green Bean Casserole Fruit Salad, Dessert	Pork Chop W/Celery Sauce Baked Brown Rice Broccoli Fruit Cocktail	Chili Corn Fruit Cocktail Vanilla Ice Cream
22	23	24	25	26
Hot Beef Sandwich Mashed Potatoes Gravy Green Beans Peaches Vanilla Ice Cream	Baked Chicken Mashed Potatoes Milk Gravy Parslied Carrots Jello Apple	Homemade Pizza Tossed Salad Peaches	NO MEALS THANKSGIVING DAY	NO MEALS THANKSGIVING BREAK
29	30			
Chicken Noodle Vegetable Soup Banana Jello W/Whipped Topping	BBQ Ribs Baked Potato Carrots Blueberry Yogurt Orange	ROCS DINING SERVICES- AVON CALL286-3692 BEFORE 9AM TO RESERVE A MEAL	NOTICE: IF PLANNING TO EAT ON THE THANKSGIVING DINNER DAY(17 TH), PLEASE LET BEV KNOW BY THE 12 TH .	

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.

