

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Pork Cutlet Sauerkraut Mashed Potatoes Peas & Carrots Seasonal Fruit	Tomato Soup Grilled Cheese Sandwich Lime Perfection Salad Orange	Lasagna Broccoli Berry Fruit Salad	COOKS CHOICE Fried Chicken	Hot Pork & Cheese Sauce Sandwich Potato Rounds Beets Peaches
8	9	10	11	12
Salisbury Steak W/Gravy Mashed Potatoes Parslied Carrots Seasonal Fruit	Navy Bean Soup W/Shredded Cheese Tossed Salad Acini De Pepe Salad Strawberries Crackers	THANKSGIVING DINNER Turkey Stuffing And ALL the Trimmings Cooked Apples	NO MEALS VETERANS DAY	Sausage Gravy Over Biscuit Green Beans Jello W/Strawberries Orange Juice
15	16	17	18	19
Baked Chicken Fried Steak Mashed Potatoes Gravy Peas Apricots	Chunky Chicken Veg Soup Cucumbers Garlic Bread V8 Juice Apple	Liver & Onions Company Potatoes Parslied Carrots Fruit Cocktail	Hot Beef Sandwich Mashed Potatoes Gravy Corn Sunshine Salad Pears	Sweet & Sour Pork Rice Oriental Veg Grape Juice Apricots
22	23	24	25	26
Roast Pork Mashed Potatoes Gravy Harvard Beets Cooked Apples	Egg Salad Sandwich Cream Of Potato Soup Sliced Cucumbers Orange	Beef Nachos W/Pinto Beans Peaches Cranberry Orange Bar	NO MEALS THANKSGIVING	NO MEALS THANKSGIVING BREAK
29	30			
Beef tips Gravy Mashed Potatoes Broccoli Peaches	Creamy Asparagus Soup Roast Beef Sandwich Mixed Veg Crackers Tropical Fruit Salad	ROCS DINING SERVICES- SPRINGFIELD CALL 369-2361 TO RESERVE A MEAL		

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.