

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Upside Down Pizza Pasta Veg Salad Banana	Hamburger Steak Mashed Potatoes Gravy Peas Upside Down Cheesecake W/Fruit Topping	Cinnamon Oatmeal Pancakes Sausage Patty Very Berry Salad Tomato Juice	Pork Loin Mashed Potatoes Gravy Corn O'Brian Crunch Berry Cranberry Salad	Chef Salad Crackers Peaches Cranberry Orange Bar
8	9	10	11	12
Hamburger On A Bun Tator Tots Baked Beans Pears	Chicken Fried Steak Mashed Potatoes Milk Gravy Peas Apricots	Green Bean & Beef Casserole Potato Rounds Tossed Salad W/Toamtoes Fresh Fruit	NO MEALS VETERIANS DAY	Sausage Gravy Over Biscuit Baked Squash Strawberries W/Topping Orange Juice
15	16	17	18	19
Shepard's Pie Tossed Salad Mandarin Oranges	Goulash Cooked Cabbage Fresh Fruit	Lemon Pepper Cod Parsley Potatoes Glazed Carrots Pears	THANKSGIVING MEAL TURKEY	Egg Salad Sandwich Peas Mandarin Oranges Banana
22	23	24	25	26
COOKS CHIOCE	Salisbury Steak In Gravy Baked Brown Rice Steamed Cabbage Mixed Fruit	Chicken Alfredo Italian Veg Cooked Apples Garlic Bread	NO MEALS THANKSGIVING	NO MEALS THANKSGIVING BREAK
29	30			
All In One Breakfast Muffin Sautéed Veg Raisin Bran Orange Juice	Beef Stew WW Dinner Roll Pineapple Cranberry Juice Brown Rice Pudding W/Topping	ROCS DINING SERVICES- CANTON CALL 987-5520 TO RESERVE A MEAL		

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.