

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Chicken Mashed Potatoes Green Beans Macaroni Salad Fruit Cocktail	Country Steak Boiled Potatoes Scandinavian Blend Pistachio Salad Blueberry Crisp	Roast Beef Mashed Potatoes Creamed Corn Sunshine Jello Salad Pineapple	Spaghetti W/Meat Sauce Prince Edward Veg Tossed Salad Bread sticks Pears	Tomato Soup Grilled Cheese Sandwich Peas Peach Fluff Lemon Bar
8	9	10	Veterans Day 11	12
Pork Chop Fresh Yams Scandinavian Blend Pineapple Salad Mixed Fruit	Chicken Mashed Potatoes Beets Cookie Salad Pears	Roast Beef Mashed Potatoes Creamed Corn Cole Slaw Pineapple	Chicken Alfredo Broccoli Pistachio Salad Red, White, & Blue Poke Cake	Chili Soup Ham Sandwich Oreo Salad Cinnamon Rolls Peaches
15	16	17	18	19
Porcupine Meatballs Mashed Potatoes Creamed Cabbage Fruited Jello Apple Crisp	Elegant Chicken Baked Potato Carrots Fruit Salad Apple Sauce	Salisbury Steak Boiled Potatoes Spring Blend Cranberry Mousse Poke Cake	Goulash Scandinavian Blend Sea foam Salad Mandarin Oranges	Cheeseburger Soup Turkey Sandwich Peas Grape Salad Pineapple
22	23	24	25	26
Chicken Lasagna Broccoli Lime fruited Jello Lemon Pudding	Beef Tip W/Peppers & Onions Mashed Potatoes PE Veg Sunshine Jello Salad Pears	Chicken Mashed Potatoes Peas Ramen Noodle Salad Applesauce	CLOSED NO MEALS HAPPY THANKSGIVING	Beef Stew Biscuit Pineapple Salad Cookie
29	30			
BBQ Ribs Baked Potato Creamed Peas Macaroni Salad Applesauce	Swiss Steak Boiled Potatoes Gravy Corn Cottage Cheese Salad Pears	ROCS DINING SERVICES- DELMONT CALL SAM GROSZ 661-5547 BEFORE 11 AM THE DAY BEFORE TO RESERVE A MEAL		

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.

